

Active Brief Fit Guide & Size Chart

How To Measure:

With our new Active Briefs, it's all about finding the right fit. Start by measuring your thigh, as this is the most important measurement for preventing leaks.



THIGH

While standing, measure around the top thigh, keeping the tape straight and parallel to the floor, and around the fullest part.

WAIST

Measure around your natural waistline, which is the smallest area of your waist.

Stand with feet together. Keeping tape straight and parallel to the floor, measure around the fullest part.

Size	Thigh	Waist	Hips
3XS	17″-20″	22″-29″	31″-34″
2XS	19″-22″	23″-32″	33″-36″
XS	21″-24″	25″-35″	35″-38″
S	22″-25″	27″-38″	37″-40″
Μ	23″-26″	29″-41″	40"-44"
L	24″-27″	31″-44″	43″-46″
XL	25″-28″	33″-47″	45″-48″
2XL	26″-29″	35″-49″	47″-50″
3XL	28″-31″	37″-51″	49″-52″
4XL	30″-33″	39″-53″	51″-54″
5XL	32″-35″	41″-55″	53″-56″

For further information, or to download this size guide, please visit www.garywear.com